

## LDD & Mediation

### Invitation for the Mediation Group

You are invited to the first Lewis Deep Democracy training in ADVANCED MEDIATION to take place in Australia. This training has been specifically requested following Myrna Lewis' plenary speech at the National Mediation Conference in Canberra 2019.

The challenge facing mediators is coping with the emotional tension and conflict that exists between the parties.

Traditional facilitation is designed to deal with these tense, difficult and highly volatile emotions in a non-judgmental, structured, objective, rational manner. However, in some instances this method alone may not be effective.

Lewis Deep Democracy enables mediators to address the emotional tensions upfront, with its user-friendly, accessible, easy-to-learn methods. The mediation process can then be far more effective and efficient once the emotional tensions are eased.

Lewis Deep Democracy, a method born out of South Africa's transition from apartheid to the new dispensation, was specifically designed to deal with racial tension. The method 27 years later is used in a myriad of situations all over the world (please go to [www.lewisdd.com](http://www.lewisdd.com))

**The Advanced Mediation Program has two parts:**

#### Part 1: 1-day face-to-face workshop

The following Lewis Deep Democracy methods will be taught and experienced:

- The Resistance Line – understanding resistance between the clients and using this diagnostic tool
- Edges and Cycling – when and how to address the tension
- The LDD style of Debate/Argument – engaging the tension, enabling the parties to lean into and resolve conflict
- Metaskills - being able to keep centered, objective and compassionate enabling trust to be built between you and both parties.

Date, time & venue details for the 1-day workshop to be confirmed.

## Part 2: 5 x 90-minute online sessions

The ability to integrate new tools is based on practice, support and supervision. Following the one day workshop there will be 5 x 90-minute Skype or Zoom group sessions where participants (in small groups of 5) will receive further training and case supervision.

Dates & times of the 5 x 90-minute online group sessions to be confirmed.

Cost \$850.00 per person for the full program

Please note that participants need to enrol for the full program as the on line sessions are part of the program.